

Usain Bolt to release first book this Thursday

Jamaican superstar Usain Bolt's first autobiography entitled "9.58" will be released this Thursday in London, England.

The book, which is published by HarperSport, tells of Bolt's experience in at the 2008 Olympics in Beijing China where he broke the 100m and 200m world records and the immediate stardom it brought him.

The book also chronicles Bolt's experience in Berlin Germany where he also lowered those world records to 9.58 in the 100m and 19.19 in the 200m.

According to a release from the publishers the book will tell the story in Bolt's own words of "a skinny kid from the parish of Trelawny, where they harvest the best yams in the world";

"It's about growing up playing cricket and football in the warm Jamaican sun, then discovering that he could run fast, very fast. It's about family, friends and the laid-back Jamaican culture. It's about Auntie Lillian's pork and dumplings and Dad's grocery store in the sleepy village of Sherwood Content," the release continued.

The book will also include pictures of his life growing up and his exploits on the track.

The distribution of the books locally will be handled by Ian Randle publishers. The book will be available in Jamaica at the end of September. The book will also be available on www.amazon.com as of tomorrow