

Kin Teet Kibba Heart Bun

Half a book an half a pencil, yuh gawn a school

Bullo slush an suck suck, yuh belly must full

Coconut brush an red oak dye, floor haffie shine

Pick yuh owna tambrin switch, keep yuh in line

Reuse tea bag an teck pot water buss gas

Fowl under bucket, chop off di head wid a las

Coconut bough fi cricket bat, milk box fi yuh ball

Walk wid shoes inna hand, entime rain start fi fall

Fry up overnight dumpling, what a sinting sweet!

Condensed milk an bread, a just so wi dweet

Flour cork hole inna pot, blue soap patch wash pan

Wi Kin Teet Kibba Heart Bun, a just so wi tan

By : Joan Andrea Hutchinson© 2009 Look out for the exciting new book Kin Teet Kibba Heart Bun by Joan Andrea Hutchinson. This book celebrates the creativity and resourcefulness of Jamaican 'poor' people and will be sure to take you back in time as you remember your growing up years.

Order your copies for Christmas kinteetkibbaheartbun@yahoo.com or bumpyhead@cwjamaica.com